

Personal and Family Health History

File #: _____

About You:

Name: _____ Today's Date: _____

Date of Birth: _____ Age: _____ Sex: _____ Height: _____ Weight: _____

Physician's Name: _____ Physician's Phone #: _____

Who May we Thank for Referring You? _____

Home Address: _____

Home Phone #: _____ Work Phone #: _____

Cell Phone #: _____ E-Mail Address: _____

Occupation: _____ Employer: _____

Marital Status: Married Single Widowed Divorced Separated

I give you permission to send me Health Tips via Email

About Your Family:

Spouse's Name: _____ Spouse's Occupation: _____

How Many Children Do You Have? _____

	Patient	Spouse	Child #1	Child#2	Child#3
Circle All that Apply					
1. Was Your Birth Traumatic?	Y	Y	Y	Y	Y
2. Have You Fallen as a Child?	Y	Y	Y	Y	Y
3. Have You Fallen as an Adult?	Y	Y	Y	Y	Y
4. Have You Had a Car Accident?	Y	Y	Y	Y	Y
5. Have You Played Sports?	Y	Y	Y	Y	Y
6. Are You Stressed Out?	Y	Y	Y	Y	Y

What Brings You to Our Office?

Describe Your Symptoms: _____

Date When Symptoms First Appeared: _____

Did it Begin: (circle) *Gradually* *Suddenly* *Progressed over Time*

Was this Problem Due to an Auto Accident or Work Related Injury? (circle) *Yes / No*

What Makes the Symptoms Worse? _____

Quality of Pain: (circle) *Dull/Achy* *Sharp/Stabbing* *Burning* *Throbbing* *Electrical*

Does the Pain Radiate into Your: (circle) *Arm* *Leg* *Head* *Does Not Radiate*

Do You Experience Numbness or Tingling? (circle) *Yes / No*

What Percent of the Time Do You Experience these Symptoms? *100%* *75%* *50%* *25%* *10%*

What Have You Already Tried to Resolve this Problem: (check ALL that apply)

- Over the Counter Drugs Prescription Drugs Physical Therapy Surgery
 Chiropractic Massage Therapy Acupuncture Nutritional Supplements

Patient Signature: _____ Date: _____

Medical History:

Check ANY of the Symptoms YOU have Noticed (☐ = Previously, ☐ = Now)

- | | | | |
|---------------------------------------------------|------------------------------------------------|------------------------------------------------|--------------------------------------------------|
| <input type="checkbox"/> Low Back pain/ Stiffness | <input type="checkbox"/> Auto Accidents | <input type="checkbox"/> Vision / Eye Problems | <input type="checkbox"/> Sports injuries |
| <input type="checkbox"/> Mid Back Pain /Stiffness | <input type="checkbox"/> Hi/Lo Blood Pressure | <input type="checkbox"/> Ear problems | <input type="checkbox"/> Frequent Colds / Flu's |
| <input type="checkbox"/> Upper Back Pain/Stiff | <input type="checkbox"/> Work injuries | <input type="checkbox"/> Nose / Sinus Problems | <input type="checkbox"/> Prostate Problems |
| <input type="checkbox"/> Neck Pain/Stiffness | <input type="checkbox"/> Other Accidents/Falls | <input type="checkbox"/> Throat Problems | <input type="checkbox"/> Female Problems / PMS |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Fractured Bones | <input type="checkbox"/> Thyroid Problems | <input type="checkbox"/> Incontinence |
| <input type="checkbox"/> Migraine | <input type="checkbox"/> Sore Achy Muscles | <input type="checkbox"/> Allergies | <input type="checkbox"/> Impotence |
| <input type="checkbox"/> Pain Radiating into Arm | <input type="checkbox"/> Tiredness / Fatigue | <input type="checkbox"/> Respiratory Problems | <input type="checkbox"/> Pain w / Coughing |
| <input type="checkbox"/> Numbness/Tingling Arm | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Heart Problems | <input type="checkbox"/> Pain w / Sneezing |
| <input type="checkbox"/> Carpal Tunnel Syndrome | <input type="checkbox"/> Fainting | <input type="checkbox"/> Circulation Problems | <input type="checkbox"/> Pain @ Stools |
| <input type="checkbox"/> Shoulder Pain/Stiffness | <input type="checkbox"/> Stress | <input type="checkbox"/> Digestion Problems | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Elbow Pain / Stiffness | <input type="checkbox"/> Tension | <input type="checkbox"/> Intestine Problems | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Wrist/Hand Pain Stiff | <input type="checkbox"/> Nervousness | <input type="checkbox"/> Colorectal Problems | <input type="checkbox"/> Restricts Exercise |
| <input type="checkbox"/> Hip Pain or Stiffness | <input type="checkbox"/> Irritability | <input type="checkbox"/> Liver / Gall Bladder | <input type="checkbox"/> Unable to Work |
| <input type="checkbox"/> Pain Radiating into Leg | <input type="checkbox"/> Anxiety | <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Poor Diet |
| <input type="checkbox"/> Knee Pain or Stiffness | <input type="checkbox"/> Concentration | <input type="checkbox"/> Diabetes/Hypoglycemia | <input type="checkbox"/> Inadequate Water Intake |
| <input type="checkbox"/> Ankle/Foot Pain/Stiff | <input type="checkbox"/> Mood Disorders | <input type="checkbox"/> Bladder Problems | <input type="checkbox"/> Inadequate Exercise |
| <input type="checkbox"/> Trouble Walking | <input type="checkbox"/> Depression | <input type="checkbox"/> Skin Problems | <input type="checkbox"/> No Energy |
| <input type="checkbox"/> Restricts Daily Activity | <input type="checkbox"/> Memory Loss | <input type="checkbox"/> Excessive Sweating | <input type="checkbox"/> Other _____ |

Please List ALL medications you are taking: _____

Please list ALL Hospitalizations and Surgeries (with dates): _____

Please list ALL Traumas (Sports Injuries, Automobile Accidents, Slips & Falls): _____

Please List ALL known Allergies: _____

Do you have any Implants, Surgical Hardware, Pacemakers or Metallic Sutures? (circle if Yes)

Are You Pregnant? Yes No Date of Start of your last menstrual Cycle: _____

Have you ever been diagnosed with: Cancer Diabetes Cardiovascular Disease Stroke

Please list ALL dietary supplements you're taking: _____

How many glasses of Water (per day) do you drink? _____

How many times a week do you exercise? _____ How many hours of sleep do you get per day? _____

How would you rate your diet? (circle one) Poor ← 1 2 3 4 5 → Excellent

How would rate your overall energy? (circle one) Poor ← 1 2 3 4 5 → Excellent

How would you rate your Stress Levels? (circle one) Poor ← 1 2 3 4 5 → Excellent

Upon Completion of your fist visit, you will receive a Chiropractic Report to discuss the different types of Active Life Plans that are available to you. Active Life Plans are designed to get you feeling better quickly and to help you and your family be as healthy as possible. Please Review the Active Life Plan Explanations prior to your Chiropractic Report so you can choose the level of Participation that supports you in reaching ALL your health goals.

As a result of my Chiropractic Care, I would like to (Please Check ALL that apply)

- Feel Better Quickly Have a healthier Spine and Nervous System Live a healthier lifestyle

Patient Signature _____ **Date** _____

File #: _____

Location of Symptoms

Please indicate any areas of discomfort or pain on the body chart below. Mark the areas where you feel the described sensations using the following symbols. Please include all affected areas and mark areas of radiation (traveling pain)

Pain = **PPP**

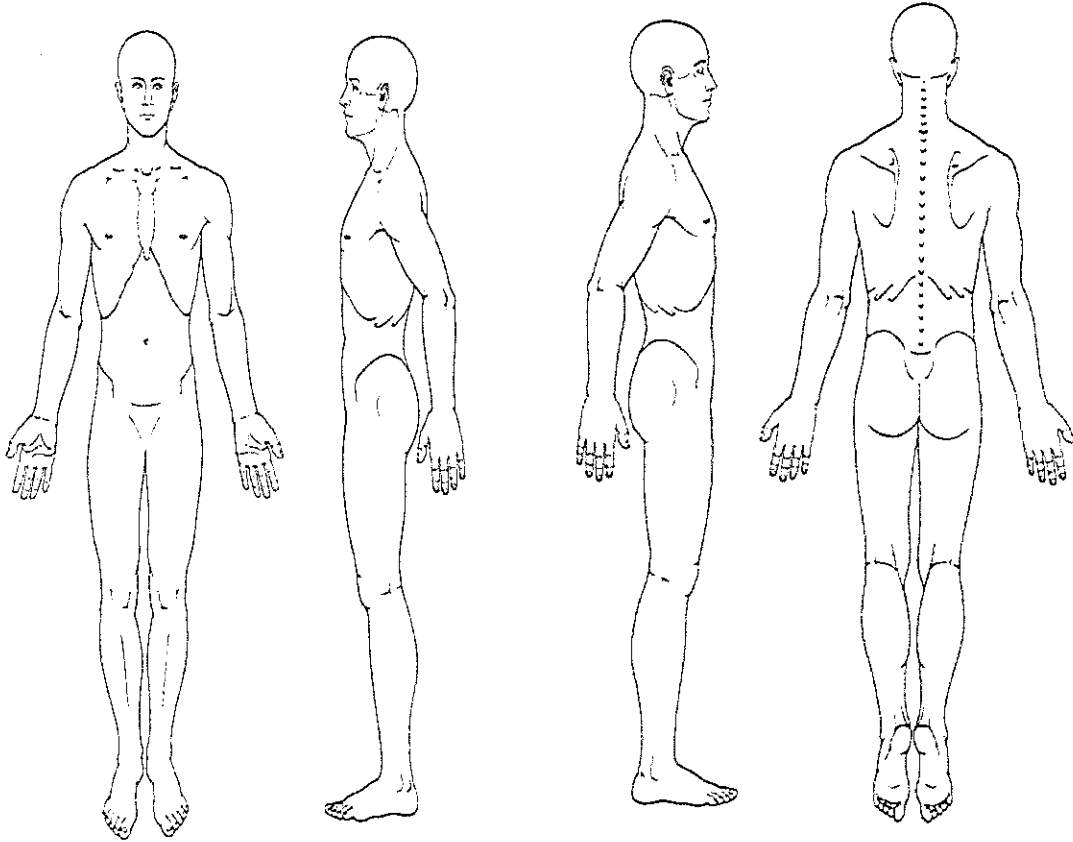
Numbness = **NNN**

Burning = **BBB**

Tingling = **TTT**

Cramping = **CCC**

Radiating Pain = **ΛΛΛΛΛ**



Severity of Pain & Symptoms

Please Mark an "X" on the lines below to indicate the intensity of your Problem

- | | | | |
|---------------|------|-------|----------------|
| 1. Right Now: | None | ----- | Worst Possible |
| 2. Average: | None | ----- | Worst Possible |
| 3. At Worst: | None | ----- | Worst Possible |

Patient Signature _____

Date _____

Patient Privacy and Acknowledgement statement

File# _____

Part I – Acknowledgement Statement

I, the undersigned, hereby acknowledge that I have provided Reisterstown Family Chiropractic certain specific Protected Health Information, here after referred to as PHI. This information is provided by me, with the understanding that it will be used for these purposes only:

- 1-Diagnosis and treatment of my spinal complaints.
- 2-Billing my insurance carrier
- 3-Providing requested information to my insurance carrier, this may include: Treatment notes, X-ray findings, examination or evaluation findings and reports.
- 4-Notifying me of future or missed appointments, by phone, U.S Postal service, or e-mail
- 5- Announcing or informing me of Practice Events, such as Patient Appreciation Days, special promotion, etc.
- 6-By Subpoena, court order, or other Legal requiems

I understand that Reisterstown Family Chiropractic provides a sign in sheet daily. This sign in sheet is accessible to Staff members and other Patients entering this office seeking treatment. I also understand that Reisterstown Family Chiropractic displays the names of Patients that refer in other Patients in the Waiting Area. I agree that my name maybe used for this purpose should I refer in a Patient, unless I have provided a request to the contrary in writing.

Part II- My Rights as Patient

I have the right to:

- 1-Revoke this authorization at anytime, by submitting a written request for such to Reisterstown Family Chiropractic's Appointed Privacy Officer.
- 2-Request restriction of specific information or disclosure. This request must be made in writing and submitted to Reisterstown Family Chiropractic's Appointed Privacy Officer.
- 3-Inspect or copy any PHI. This request must be made in writing and submitted to Reisterstown Family Chiropractic's Appointed Privacy Officer.
- 4-Amend my PHI at anytime, as provided by law. All amendments will be made in writing.
- 5-Receive an accounting of any and all disclosures
- 6-Contact Reisterstown Family Chiropractic's Appointed Privacy Officer at any time with concerns or complaints. This contact may be done in Person, via phone @ 410-517-2400, via U.S. Postal Service or via E-mail @ terry@familychirodoc.com.

Part III- Reisterstown Family Chiropractic's Responsibilities

In accordance with Federal HIPAA Laws and Maryland State Privacy Laws, Reisterstown Family Chiropractic is required to:

- 1-Abide by all Federal and Maryland State Privacy laws and regulations
- 2-Maintain my Chiropractic and financial records in a discrete and secure location within their office.
- 3-Notify me in writing of any changes to this acknowledgement, and provide for my signature in a timely fashion an amended statement for my signature.

By subscribing my signature below, I acknowledge receipt of this notice and understand and agree to its terms.

(Signature of Patient or Guardian)

(Date)

(Signature of Staff Witness)

(Title)

My initials below signify that I have received a copy of my signed agreement for my personal records.

Informed Consent to Chiropractic Treatment

The nature of Chiropractic treatment: The doctor will use his/her hands or a mechanical device to move your joints. You may feel a “click” or “pop”, such as the noise when a knuckle is “cracked”, and you may feel movement of the joint. Various ancillary procedures, such as cold packs, electrical muscle stimulation, therapeutic ultrasound, flexion/distraction or therapeutic exercises may also be used.

Possible risks: As with any health care procedure, complications are possible following a chiropractic adjustment. Complications could include fractures of bone, muscular strain, ligamentous strain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or minor complications.

Probability of risks occurring: The risks of complications due to chiropractic treatment have been described as “rare”, about as often as the complications that are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury, or stroke, has been estimated from at one in one million to one in twenty million, and can even further be reduced by screening procedures. The probability of adverse reaction due to ancillary procedures is also considered “rare”.

Other treatment options (besides chiropractic) which could be considered may include the following:

- *Over-the-counter analgesics:* The risks of these medications include: irritation to the stomach, liver and kidneys as well as other side effects in a number of cases.
- *Medical care:* Typically, anti-inflammatory drugs, tranquilizers and analgesics are utilized. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.
- *Hospitalization:* In conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.
- *Surgery:* In conjunction with medical care adds to the risks of adverse reaction to anesthesia, hospital acquired infections, as well as an extended convalescent period in a significant number of cases.

Risks of remaining untreated: Delay of treatment allows formation of adhesions, scar tissue, and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite predictable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

Unusual risks: Unusual risks are many times case specific and will be explained in detail if they occur.

I have read the explanation above of chiropractic treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. By signing below, I have freely decided to undergo the recommended treatment and hereby give my full consent to treatment.

PATIENT SIGNATURE _____ DATE _____ H

File#: _____

REISTERSTOWN FAMILY CHIROPRACTIC
FINANCIAL POLICY

MAJOR MEDICAL GROUP / INDIVIDUAL HEALTH INSURANCE

Most insurance companies have benefits for Chiropractic treatment. The yearly deductible and co-payment will vary among insurance companies. It should be pointed out that our contract for services is with you, the patient. We work for you; not for your insurance company. Reisterstown Family Chiropractic provides the best services that we are capable of providing and expect that payment for those services will be made as promptly as possible. It is important, therefore, for you to become an informed consumer relative to your insurance coverage.

OFFICE POLICY

**1. As a courtesy to you, we will call to see if your health insurance policy includes Chiropractic benefits. We will notify you of the percentage that your policy covers and any limitations to the payments. If we are informed that you have not met your yearly deductible, this balance is required to be paid by you directly to our office. We will need a copy of your drivers' license and your insurance card to be kept on file in your numbered chart. In addition to our office verifying your insurance benefits, we require that you, the patient, call your insurance company to verify your own coverage. We will provide an Insurance Verification form, to be completed by you within your first 3(three) visits.

**2. We will bill your health insurance carrier and have you assign payment to us for treatment in our office if you have provided us with the necessary information. Your co-payment is to be paid by you at the time of each visit.

**3. If you receive a check from the insurance carrier for services rendered in our office, bring the check and any attached forms to this office immediately. We will need to have the documentation for what dates of services and what services were paid by the insurance carrier. You will not be permitted to make "payments" on an insurance check mailed to you. The account may be turned over to a collection agency if full payment is not made immediately.

4. The verification provided by this office is not a guarantee that your insurance carrier will pay what has been stated. Your account is ultimately your responsibility. Any discrepancy between what is quoted on the insurance verification form and what is actually paid by your insurance carrier is your financial responsibility. You are more than welcome to dispute an adverse decision with your insurance company directly, but you will be responsible for making a payment in full to our office immediately.

**5. We will accept payment on your account in the form of CASH, ATM CARD, VISA, MASTERCARD, DISCOVER or CHECK.

**6. If any insurance or personal information changes during the course of treatment, you are required to inform this office immediately. (Such as your insurance policy/plan updates or terminates, you have moved, or changed your phone number, etc.)

7. There are a certain number of appointments available each day and often patients who are injured are unable to be scheduled the same day that they call. With this in mind, if you are unable to keep a scheduled appointment, we ask that you give us the courtesy of a phone call at least 24hrs prior to a missed appointment. **Failure to do so will result in a \$50.00 missed appointment fee.**

**8. If you receive a bill, the payment is due upon receipt. All accounts with a balance over 45 days will be assessed a 1% late charge per month on the unpaid monthly balance. Payment plans can be arranged through the Billing department (410-517-2400). In the event that an account becomes assigned to a collection agency, the patient will pay 100% of collection agency fees, 100% of court costs, and 100% of attorney's fees.

**** I HAVE READ, UNDERSTAND, AND ACCEPT THESE POLICIES IN FULL. ****

Please initial above and sign below.

PATIENT SIGNATURE _____ DATE _____

File# _____

We ask that all Patients read and sign this document.

DEALING WITH YOUR INSURANCE COMPANY

Insurance companies can be your best friend – or your worst enemy, particularly if you do not comply with their guidelines.

Since every insurance plan has its own special requirements, it is impossible for us to be familiar with each and every plan. Therefore, we must look to you, the patient, to assume the responsibility of knowing what your insurance coverage is. In the last analysis, the patient is **always responsible** for payment for any services rendered. We will, of course, be happy to complete all necessary forms and to submit to your insurance company claims for you and whatever documentation they require. However, this is done strictly as a service for you.

It should be pointed out that our contract for services is with you, the patient. We work for you; not for your insurance company. Reisterstown Family Chiropractic provides the best services that we are capable of providing and expect that payment for those services be made as promptly as possible. It is important, therefore, for you to become an informed consumer relative to your insurance coverage. As always **Co-pays and Co-insurances are due at the time of service.**

If your insurance company requires pre-certification or pre-authorization for any services, it is **your responsibility to obtain the authorization** and notify the doctor, as well as to provide Reisterstown Family Chiropractic with the proper forms and to monitor the number of approved visits.

Please contact your Primary Care Doctor's office if you have any questions about pre-certification. On most insurance cards there is a telephone number listed to call which can help you in understanding your coverage and exactly what needs to be obtained for certain services. Please feel free to discuss your concerns directly with Dr. Lipman or the designated staff member. If you have any questions regarding your billing statement, please contact the Coordinator of Operations, or your insurance company. We are here for you, and it is our pleasure to be of service to you.

(Patient's signature/ Guardian's signature)

(Witness)

(Date)

Reisterstown Family Chiropractic Financial Policy

ABOUT MEDICARE COVERAGE

File #: _____

The government's Medicare program only pays Doctors of Chiropractic (DCs) for limited services. If your needed chiropractic adjustment (manipulation treatment) meets Medicare's rules, they will usually pay for it. There are three categories of Medicare services: 1) non-covered 2) always covered 3) perhaps covered.

THIS OFFICE DOES NOT PARTICIPATE WITH MEDICARE. YOU ARE REQUIRED TO PAY FOR ALL SERVICES UP FRONT AND MEDICARE WILL REIMBURSE YOU FOR ALL SERVICES THAT THEY DEEM COVERED.

NON-COVERED

According to existing Medicare law, most of the available services in our office are NON-COVERED. Hopefully, the U.S. Congress will change that someday and treat Doctors of Chiropractic like all other doctors. Until then:

Examples of NON-Covered Services

All Services other than Chiropractic Adjustments:

- Office Visits – to evaluate and manage, re-evaluate, advise, or counsel.
- Physiotherapy – such as massage, traction, electric stimulation, neuromuscular re-education, etc.
- X-Rays, Laboratory, Supplies, Vitamins, etc.

Various Chiropractic Adjustments:

- Adjustment on an area other than the spine - (to the shoulder, arm, leg, etc.)
- Maintenance Care – you are stable and not making any more improvement.
- Wellness Care – to promote better health.

NON-Covered items will appear on your insurance claim form. They will show as a Medicare NON-COVERED service like this: "72010-GY". The "72010" code is for an x-ray. The "-GY" code means that it is not-covered, allowing your service to go through the Medicare system. After denial by Medicare, it can then go onto your other insurance. If you have Medigap insurance (also known as Medicare Secondary or Supplemental insurance) they will pay according to the terms of your contract.

ALWAYS-COVERED

A typical example of a Medicare COVERED service (or clinically needed) is when you are in much pain due to a bad spinal condition. You should also expect Medicare to cover and pay for your rehabilitation as long as you are improving. When you have a COVERED chiropractic spinal adjustment (manipulation treatment), it will be shown on your Medicare claim form and payment reports as either "98940", "98941", or "98942".

PERHAPS-COVERED

Your Chiropractic Adjustment must be clinically needed according to Medicare. If Medicare thinks that your condition is not "Medically Necessary" they won't pay! If we know or believe that Medicare will not pay for your Chiropractic Adjustment due to any rules that they might have, we will let you know. We will give you a special Medicare form known as the Advance Beneficiary Notice (ABN).

STATEMENT OF UNDERSTANDING

I understand that I am personally financially responsible for all Medicare NON-COVERED services. I also understand that there could be times when my chiropractic adjustments may not be covered. If so, my doctor will let me know. I am also responsible for any annual deductibles or applicable co-payments as required by Medicare.

Signature of patient or person acting on patient's behalf

Date

LONG-TERM AUTHORIZATION

You won't have to sign again during this time period. This authorization can be revoked upon your written request.

Patient Name: _____ Medicare # (HICN): _____

Provider Name: _____

Provider Address: _____

Authorization Period: From: _____ 20____ To: _____ 20____ (must be completed to be valid)

I request that payment under the Medicare insurance program be made to me on any bills for services furnished to me during the effective period of this authorization, and I authorize the above named provider to release to the Social Security Administration or its intermediaries or carriers, or to any other payer for information needed to process claims. I further permit a copy of this authorization to be used in place of the original.

Signature of patient or person acting on patient's behalf

Date

Note: Your health information will be kept confidential. Any information that we collect about you on this form will be kept confidential in our offices. If a claim is submitted to a payer, your health information on this form may be shared with the payer. Your health information which the payer sees will be kept confidential by the payer.